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June 15, 2022

Dear Joint Chinese University Alumni Association of Southern California Affiliate:

Employers across the country are concerned about the impact of caregiving responsibilities on their employees and their organizations. In California alone, 4.7 million individuals provide approximately \$63 billion worth of unpaid caregiving for family members each year. Who are family caregivers? They are individuals who provide free care with everyday tasks to older adults, those who have a disability, or someone who just needs some assistance with everyday tasks such as running errands, meal preparation, or household chores.

*One resource that thousands of caregivers have found helpful is [AARP's Prepare to Care guide](#) and free hard copies are available for your employees. No matter where one is in their journey as a family caregiver, having reliable and helpful information to guide their caregiving journey can make the process easier. Providing the right information at the right time to employees assists companies in retaining valuable workers. AARP's Prepare to Care guide is also available in Spanish, Chinese, and for Asian American Pacific Islander, Military, and LGBT communities. We can also provide you employees with AARP's free, interactive Prepare to Care workshop.*

AARP would welcome the opportunity to learn more about your company and how we can help with free caregiver resources to support you and your employees. *If you are interested in learning more, or to request free AARP Caregiving guides for your employers, please reach out to Rachel Stone, Senior State & Community Engagement Specialist at (626) 585-2614 or [rstone@aarp.org](mailto:rstone@aarp.org).*

Sincerely,

A handwritten signature in black ink that reads "Rachel Stone".

Rachel Stone  
Senior State & Community Engagement Specialist  
AARP California

